



Marsha SHERRILL

envision, embrace, ignite!

SPEAKER | COACH | AUTHOR

TOPICS

**Lies Women Believe:
*How Your Belief System
Affects Your Daily Life***

Ladies, have you been led to believe you are to be a constant caregiver, your dreams don't matter, you will never earn enough, it's too late to live the life you desire? Or worse? When Marsha hits the stage, she will dispel ALL those lies and then some.

**Rewire:
*The Science of Positive Thinking***

Your thoughts become beliefs. What are you tolerating in your life that prevents you from being positive? What cycle have you found yourself in? Do you question what you think about yourself? What have you been telling yourself over and over again? Marsha speaks about how our mind willingly adopts any changes that we bring about in our thinking patterns.

**The Mindful Diet:
*3 Ways to Trim the Excess
Mindfat***

Marsha gives you tools on how to persevere in life and work, and the importance of not giving up...even when the going gets tough. Learn how to develop the right attitude, set short and long term goals, and an optimistic mindset. It's time to hit the mindset treadmill with this keynote.

HAPPY CLIENTS

Proven Way Ministries | Settle On Success Radio

Dallas Morning News | Helping Professionals Alliance | Unconference 2016

Orchid Christian Women Networking | San Jose Mercury News | Arbonne International

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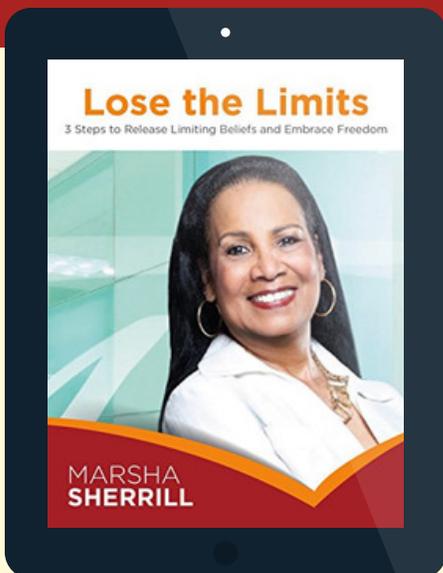
MORE ABOUT *Marsha*

Marsha Sherrill is a dynamic life purpose coach and transformation strategist, speaker, leadership and personal development coach and author.

She believes that as long as you have breath, you can breakthrough to live a life of excellence. She coaches women through breakthroughs, mindset shifts and limited thinking. She helps them envision their future filled with hope, vitality and relevancy. Marsha works with women to develop strategies and goals to realize their dream life and potential. She truly loves supporting and helping others win. Marsha has spent more than 30 years in the corporate environment speaking, teaching and training as a sales, customer relations and operations executive. Marsha has co-authored 3 books: Behind Her Brand, Entrepreneur Edition Vol 1; Rock Bottom is A Beautiful Place, Living Your Calling and Rock Bottom is A Beautiful Place, Living with a Grateful Heart.



LOSE THE LIMITS E-BOOK



*3 steps to release limiting beliefs
and embrace freedom*

Whether brought on by society, loved ones, or fear, our self-limiting beliefs can keep us in a prison of unfulfilled dreams. In *Lose the Limits*, Marsha Sherrill enlightens us with the belief that no matter how old you are, now is the time to break free of life's restraints and find your deserved freedom. With Marsha's in-depth three-step system, you will be equipped with the know-how to envision, embrace, and ignite your purpose!

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